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| Year Group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| EYFS |  Body Management  | Gymnastics | Manipulation and Co-Ordination | Dance | Cooperate and Solve Problems  | Speed and Agility Travel |
| 1 | Attack, Defend and Shoot | Gymnastics | Send and Return | Hit, Catch and Run | OAA | Run, Jump and Throw |
| 2 | Attack, Defend and Shoot | Gymnastics | Send and Return | Hit, Catch and Run | orienteering runner Icon 206319OAA | Run, Jump and Throw |
| 3 | Cricket | Dance | Handball  | Tennis | Basketball  | Athletics  |
| 4 | Cricket | Dance | Handball  | Tennis | Basketball  | Athletics  |
| 5 | Rounders | Gymnastics | Netball | Badmintonbadminton Icon 1359305 | Football | Athletics  |
| 6 | Rounders | Gymnastics  | netball skills Icon 5220806Netball | Badminton | Football | Athletics  |